

## Cheer 2019-2020

Congrats on making the team for the 2019/2020 cheer season. We are not making cuts for the fall season as we feel a few of you may chose other activities after the fall season starts...making our numbers smaller by nature. If you finished the season with us as a varsity or a JV cheerleader last year, you have made varsity. Please understand that there can and will be movement between teams depending on skills, commitment, and attitude through the summer and the rest of the season. We saw potential in a few of you to make varsity by the end of summer depending on how quickly you learn everything. We encourage you to attend as many practices and camps as possible as we will not place you on a team or put you on the field or floor until you know all the material.

**Please get your physical as soon as possible. You will have to have it by the 5th of August at the latest. Get 'er done! This physical is required for all sports.**

*On July 22 and 23, we will host a cheer and stunt camp with Kansas State University. Cheerleaders from all around the state will come. The cost to us is free since we are hosting but I will ask that you bring some breakfast items or some money to donate towards them in order to feed the K State team. Please mark you calendars with this date as it is one you will not want to miss.*

We will begin practice on Monday, June 17th in order to get ready for the 4<sup>th</sup> of July parade. You will learn a couple of cheers and a dance for the parade. Start thinking about music we can use...in the past we have used Electric Avenue and Katy Perry's Firework.

*Cheer gear: These are the initial things you will need to purchase for the upcoming season and you will want them by the parade.*

All gear below can be ordered at  
[www.omnicheer.com](http://www.omnicheer.com) .

- Soffee knit short (royal blue)  
Price: \$6.25
- Chasse skirt w/built in short (royal blue)  
Price \$15.95
- Cheerleading Sports Bra (royal blue/white)  
Price: \$9.95-\$11.95

- **Chasse C-prime short Briefs (red)**

**Price: \$11.95**

- **In-Stock Low Anklet With A Stripe (royal blue stripe) (3 or more pair)**

**Price: \$2.75**

- **Solid In-Stock Cheerleading Pom (2 blue metallic, 1 silver metallic)**

**Price: \$5.95 each**

**Any white shoe on the site except for Nike Stamina or Free Hyper.** They also have nike cheer shoes at Shopko.

**If you are cheering Varsity football, Cropped Body Suits (white)**

**Price: \$12.95 - \$14.95**

**If you are questioning whether or not you can participate due to being involved in multiple sports and whether you will start the season with us, communicate with me before you buy.**

If you have cheered in the past and already have some of these items, you do not have to purchase them again.

Thank you in advanced for a great season. Call/text /email anytime with ?'s.

Cheers, Heather Epperly (314-2783 [heathere@bigfork.k12.mt.us](mailto:heathere@bigfork.k12.mt.us))

or Emily Feller (240-1679)